

## Sanger USD Wellness Policy Action Plan 2018-2019

### Goal 1:

The District will operate with increase knowledge of Wellness Policy content by promoting at the school environment.

<b>Wellness Component: The district shall develop strategize for promoting a healthy school environment.</b>						
Findings/Facts (Strengths and Challenges)	Action Steps	Monitoring (How will you know it's happening)	Data Indicators (How you know it's working)	Frequency/ Timeline	Person(s) Responsible	Budget Considerations and Status
Low response rate to survey of school site Wellness Contact.	Conduct a "Reminder" email to respond to survey with designation of wellness contact.	Email Receipts	Increase of response rate.	By August 31, 2018.  Completed  In Progress	Director of Child Nutrition, Associate Superintendents, Site Principals.	Budget: N/A  Status: In Progress
Initial area of implementation to be Smart Snack in Schools.	Reminder email of smart snack in school principal guide.	SY 2018-2019 survey to sites.  Total number of smart snack approved orders.	Email sent and delivery receipts.  Establish baseline on amount of smart snack approved order on SY 2017-2018 to monitor for improvement with at least a 5% increase.	5/24/2018	Director of Child Nutrition, Associate Superintendents, Site Principals.	Budget: N/A  Status: In Progress
Education to school sites and child nutrition department.	Discuss at Superintendents Forum beginning SY 2018-2019 the following topics: Survey response rates, Wellness Policy content, Wellness Policy Action Plan and resources available.	August 2018	Increase of survey response rates.	5/24/2018	Director of Child Nutrition	N/A
Public Awareness and Notifications of status	Proceed with mailing marketing tools "post cards" to notify households of the availability of information. Promote on website	Ordering of new promotional tools.	Delivery of promotional	5/2018	Director of Child Nutrition	Budget: N/A

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	and order additional marketing tools for upcoming health fair events.		tools to Child Nutrition Office. Frequency of Health fair attendance.			Status: Completed
Awareness within Child Nutrition Department	Present Wellness Policy Action Plan and next steps at Back to School Child Nutrition Mandatory Meeting SY 2018-2019.	Presentation at meeting.	Child Nutrition website hit increase of 5%.  Meeting attendance sign in sheets.		Director of Child Nutrition	Budget: N/A  Status: Completed July 31, 2018.

### Goal 2:

The District will implement “Smart Snacks in School Standards- (SSIS)” at all school sites.

Wellness Component: Foods and Beverages sold or served at school will meet the nutrition guidelines set by state and federal regulations.						
Findings/Facts (Strengths and Challenges)	Action Steps	Monitoring (How will you know it's happening)	Data Indicators (How you know it's working)	Frequency/Timeline	Person(s) Responsible	Budget Considerations
Response rate of school site assigned leads was low.	Collect all identified site level wellness leads to re-convene for wellness committee.	Increase of response rate to 100% of site principals identified assigned wellness leads.	Response rate increase.	12/05/2018	Director of Child Nutrition, Associate Superintendents, Site Principals.	Budget: N/A  Status: In Progress
Smart Snack implementation at schools.	Implement smart snacks principals guide school at all school sites.	SY 2018-2019 survey to sites on implementation status.	Email sent and delivery receipts.	5/24/2018	Director of Child Nutrition, Associate Superintendents, Site Principals.	Budget: N/A  Status: In Progress. Email sent 5/24/2018.

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		Monitor the amount of in house smart snack approved orders for SY 2018-2019.	Monitor for improvement of smart snacks in house orders for fundraisers and classroom celebrations.			
Household SSIS Awareness.	Send out email memos describe key Wellness Policy components. Child Nutrition attendance to site specific health fair or carnivals.	On-going SY 2018-2019. Amount of Health Fair attendance and booth set up for Child Nutrition Department.	Email sent and delivery receipts. Amount of health fairs attended for SY 2018-2019.	5/24/2018	Director of Child Nutrition	Budget: N/A  Status: In Progress

### Goal 3:

The District will identify ways to increase water access at school sites.

Wellness Component: Access to free, potable water.						
Findings/Facts (Strengths and Challenges)	Action Steps	Monitoring (How will you know it's happening)	Data Indicators (How you know it's working)	Frequency/ Timeline	Person(s) Responsible	Budget Considerations
Determine water access status of all school sites.	Develop Survey to determine types of water access at school sites.	Survey Responses, CRMA School Inspection Form	Survey and Site Inspection Form.	1 time to obtain baseline information. Deadline 2/23/2018.	Director of Support Services, Child Nutrition Director	Budget: N/A  Status: In Progress. Survey response collected 2-23-2018.  Review of CRMA Inspection Outcome: 7/11/2018.

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School sites with bottled water: Del Rey, Centerville, and Fairmont.	Fairmont: Connect to new clean water source. Estimated completion 2018/08/16. Del Rey: Secure Funding for access to bottled water and potentially refillable water bottles all students and staff. Centerville: Continue bottle water use. Explore interim and long term solutions. Seek funding for long term solution.			7/30/2019	Director of Support Services, Child Nutrition Director, Maintenance Department	Budget: N/A Status: In Progress
Access to additional gallons of water in igloos.	Contact the water provider for the delivery of additional gallons of filtered water daily.  Purchased additional igloos for each site.		Site inspection form.	7/30/2019	Director of Support Services, Child Nutrition Director, Maintenance Department	Budget: Supplies ~\$300.00 Status: In Progress
Water Access Improvement, Lincoln	Applying for funding through Drinking water for schools to improve access. Includes updating poor quality fountains and adding filling stations.			07/30/2019	Director of Support Services, Child Nutrition Director, Maintenance Department.	Budget: N/A Status: In Progress

### Goal 4:

Monitor school based food and beverage marketing to include but not limited to logos, vending machine fronts, scoreboards, advertisements, student visible posters.

Wellness Component: Marketing and advertising of foods and beverages that do not meet nutrition standards is prohibited.						
Findings/Facts (Strengths and Challenges)	Action Steps	Monitoring (How will you know it's happening)	Data Indicators (How you know it's working)	Frequency/Timeline	Person(s) Responsible	Budget Considerations
No monitoring at school sites.	Review districtwide site inspection forms to access school facilities for compliance.	Risk Manager	Site Inspection Forms	Annually	Director of Support Services, Child Nutrition Director	Budget: N/A Progress: Completed 7/11/2018
	Modify site inspection forms to include Wellness Policy content.	Risk Manager		7/30/2019	Child Nutrition Director, Maintenance Department	Budget: N/A Progress: 7/31/2018

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	<b>Review findings of assessments.</b>	Collection of inspection reports.	<b>Data findings.</b>			<b>Budget: N/A</b> <b>Progress: 7/30/2019</b>